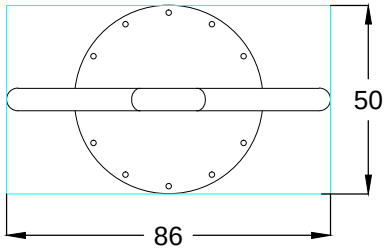
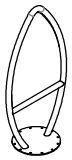
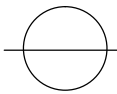
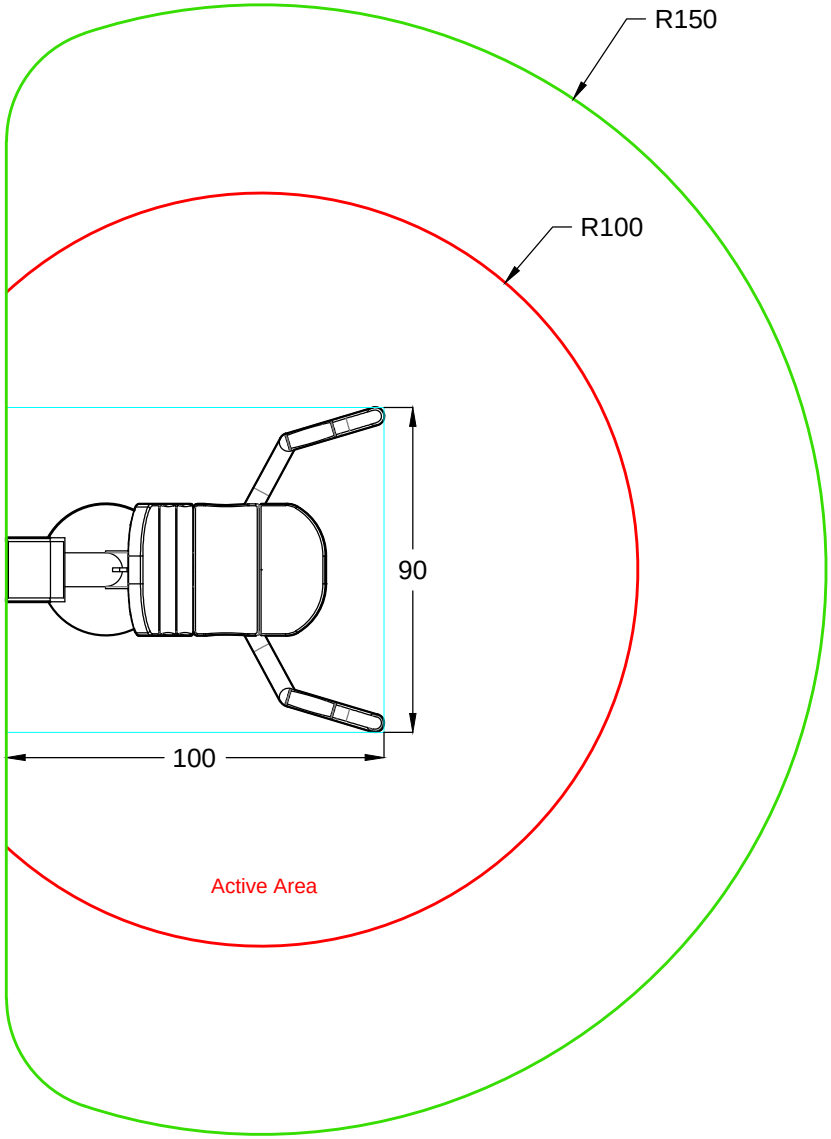
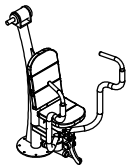




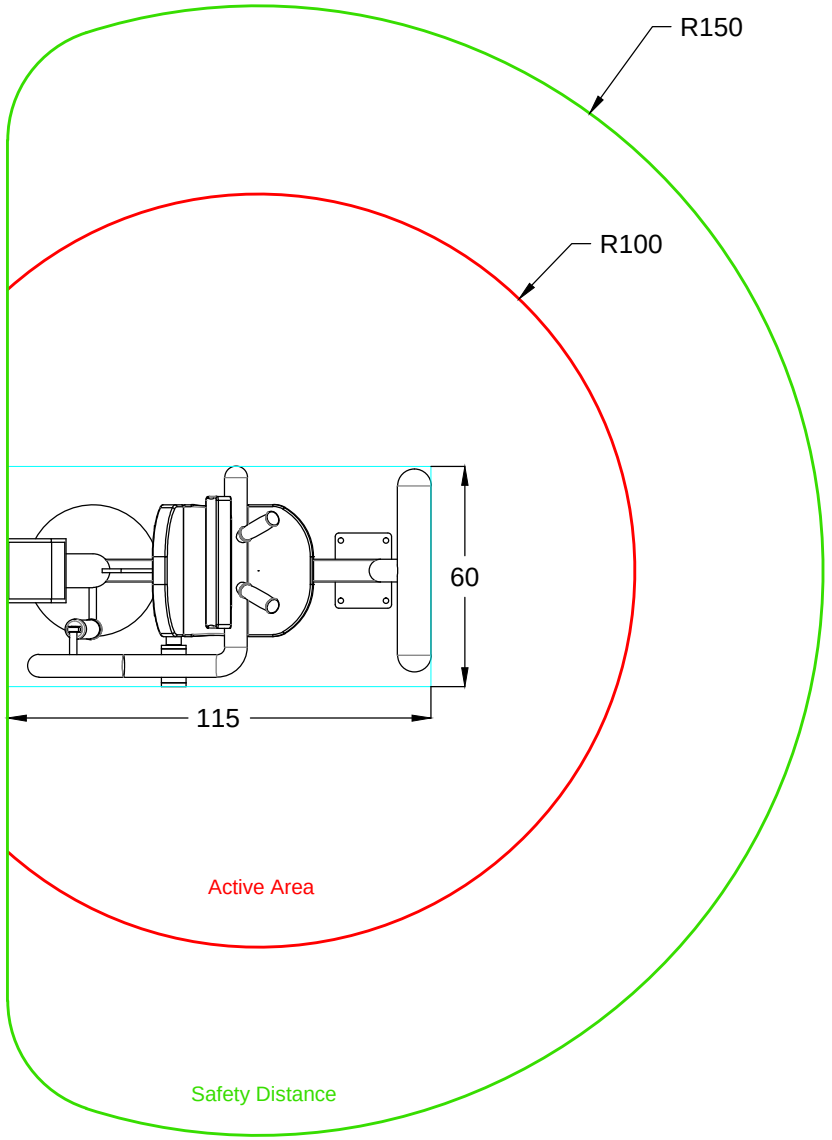


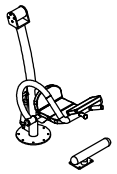
202 Sign



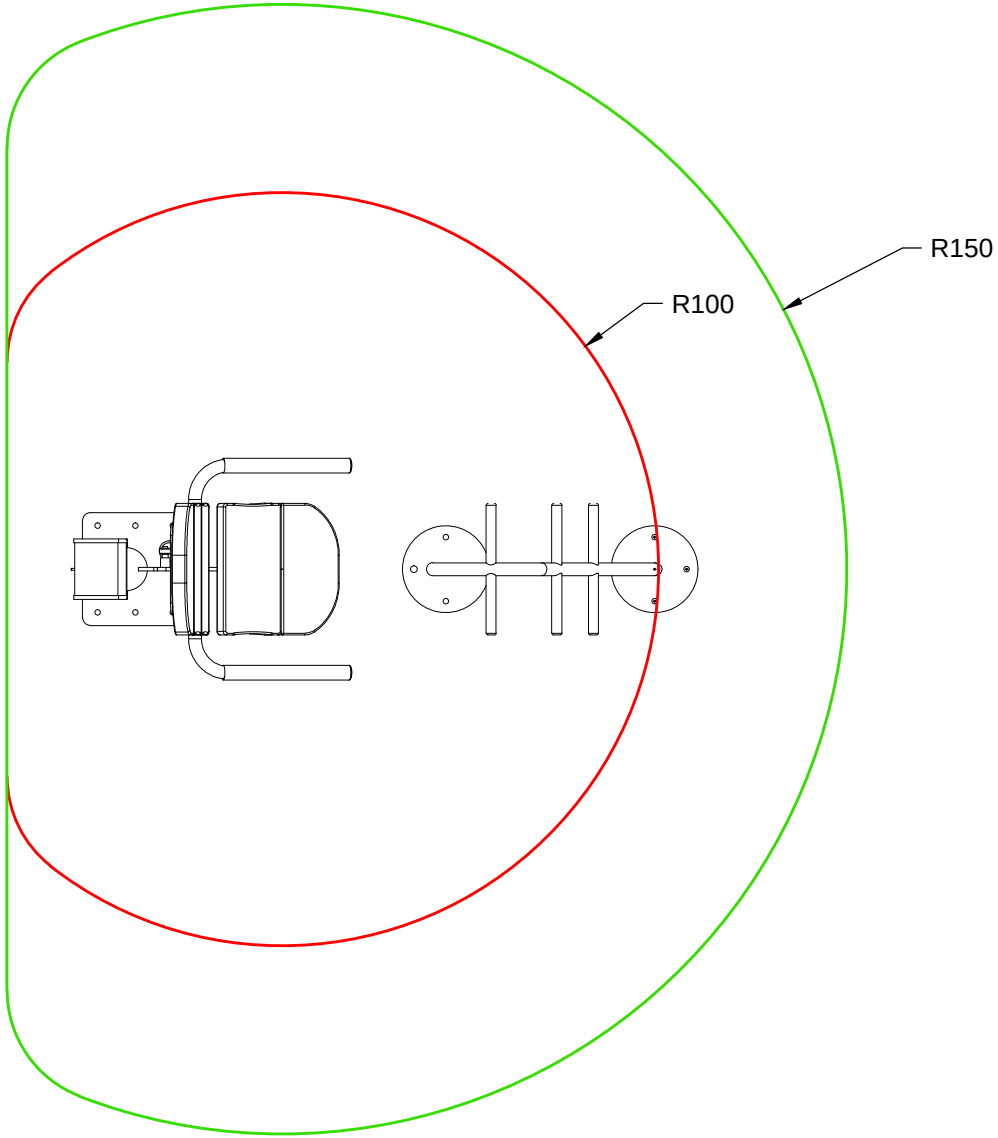


208 Butterfly2

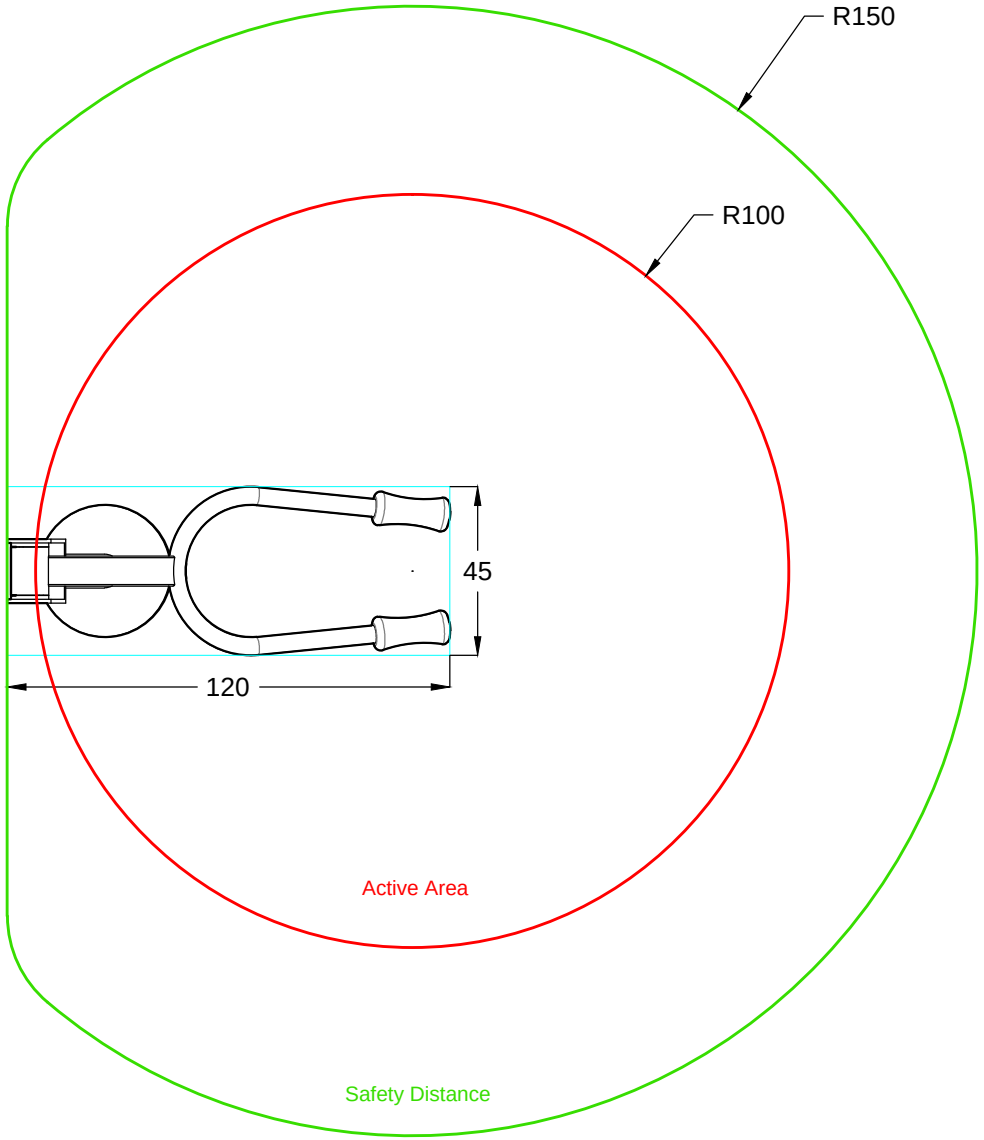




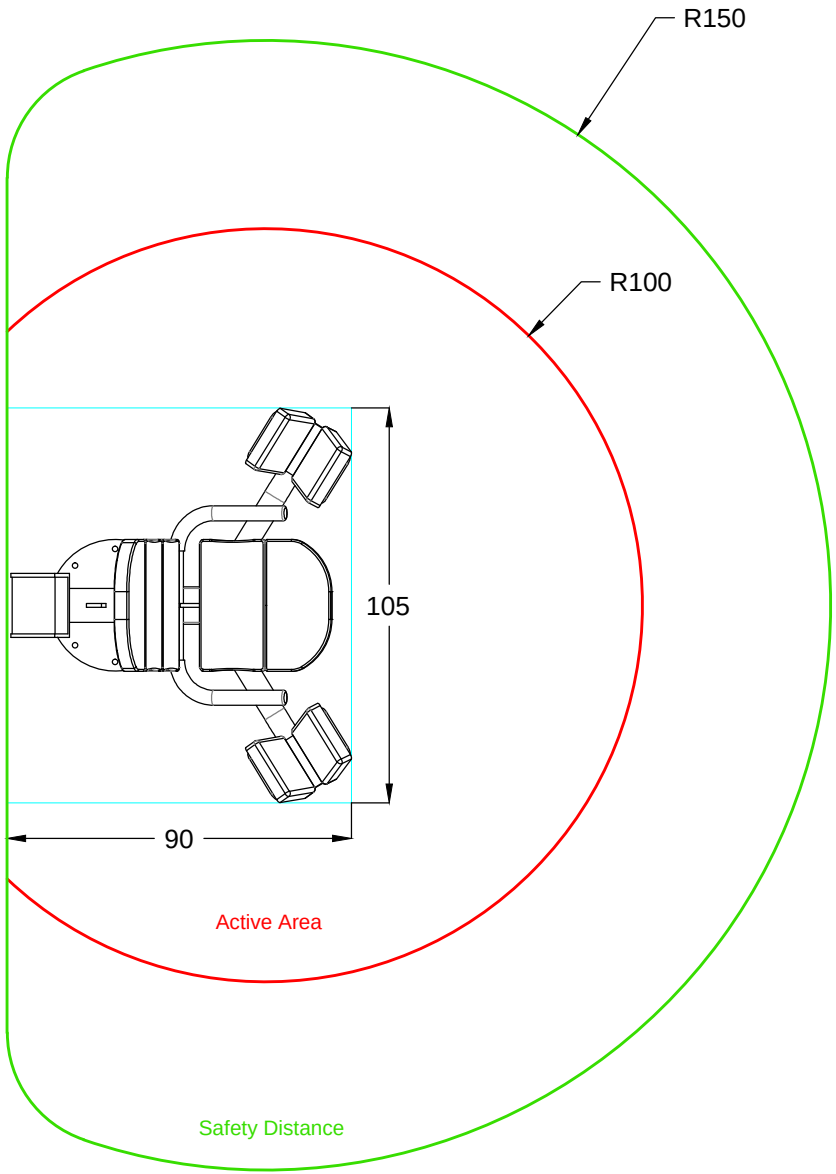
211 Ab Toner

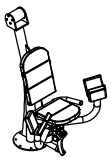


215 Leg Press

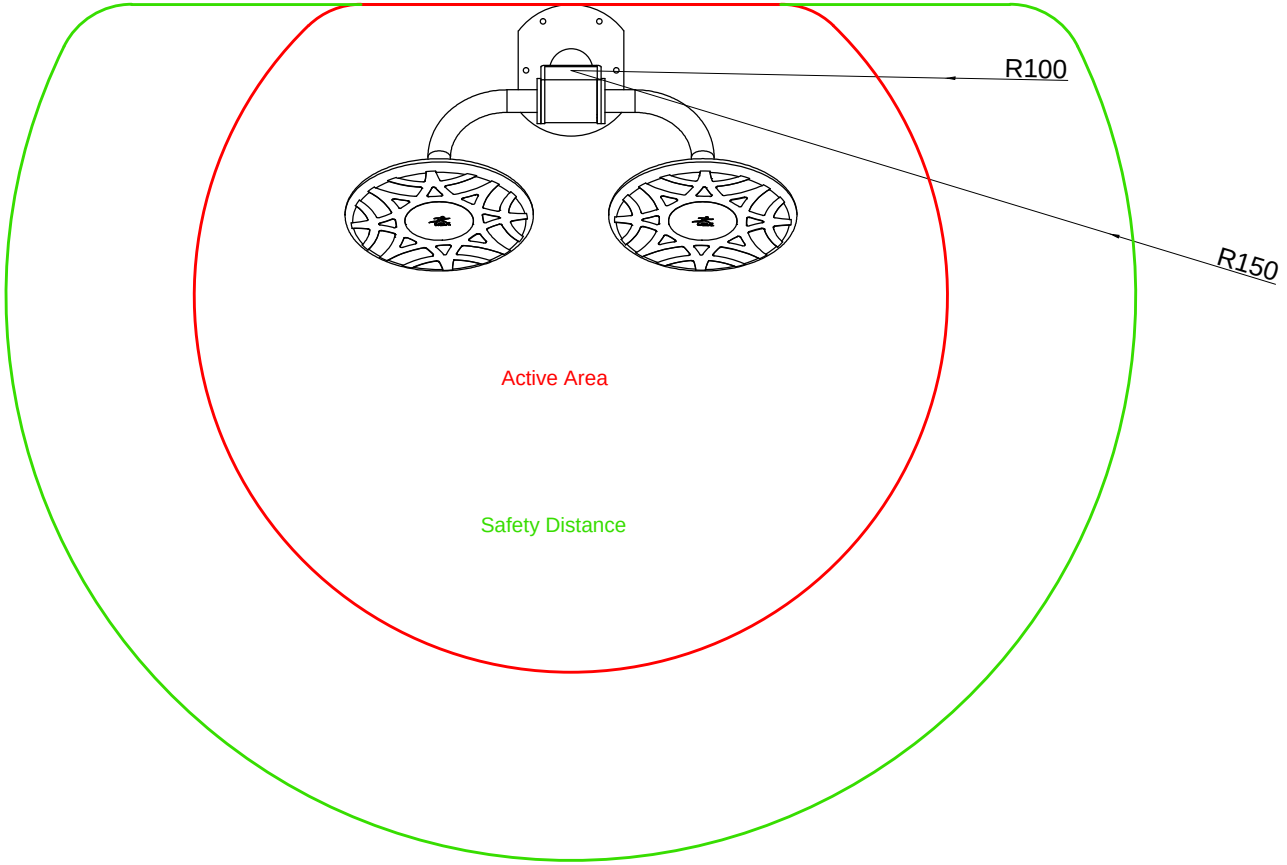


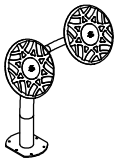
217 Power Squat



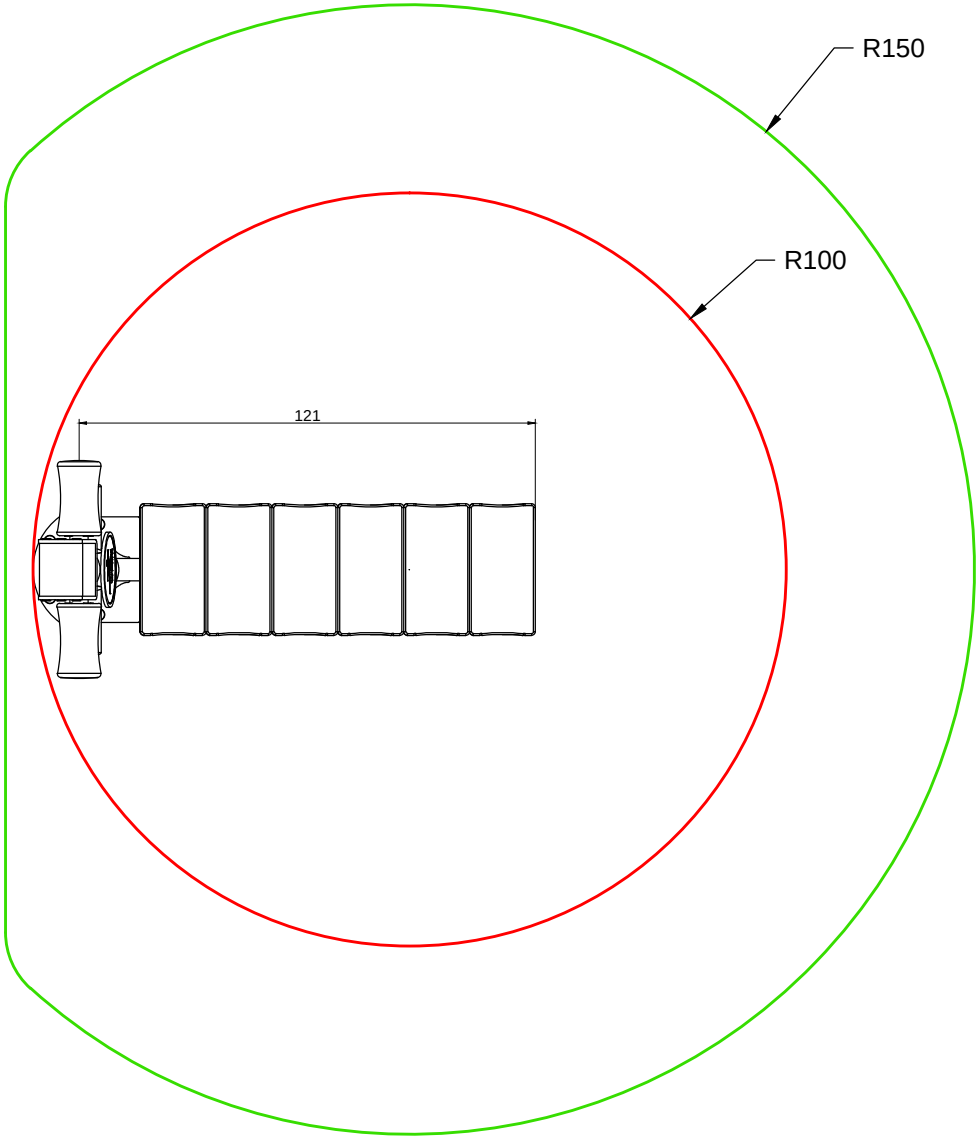


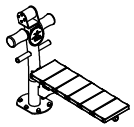
218 Thigh Combo



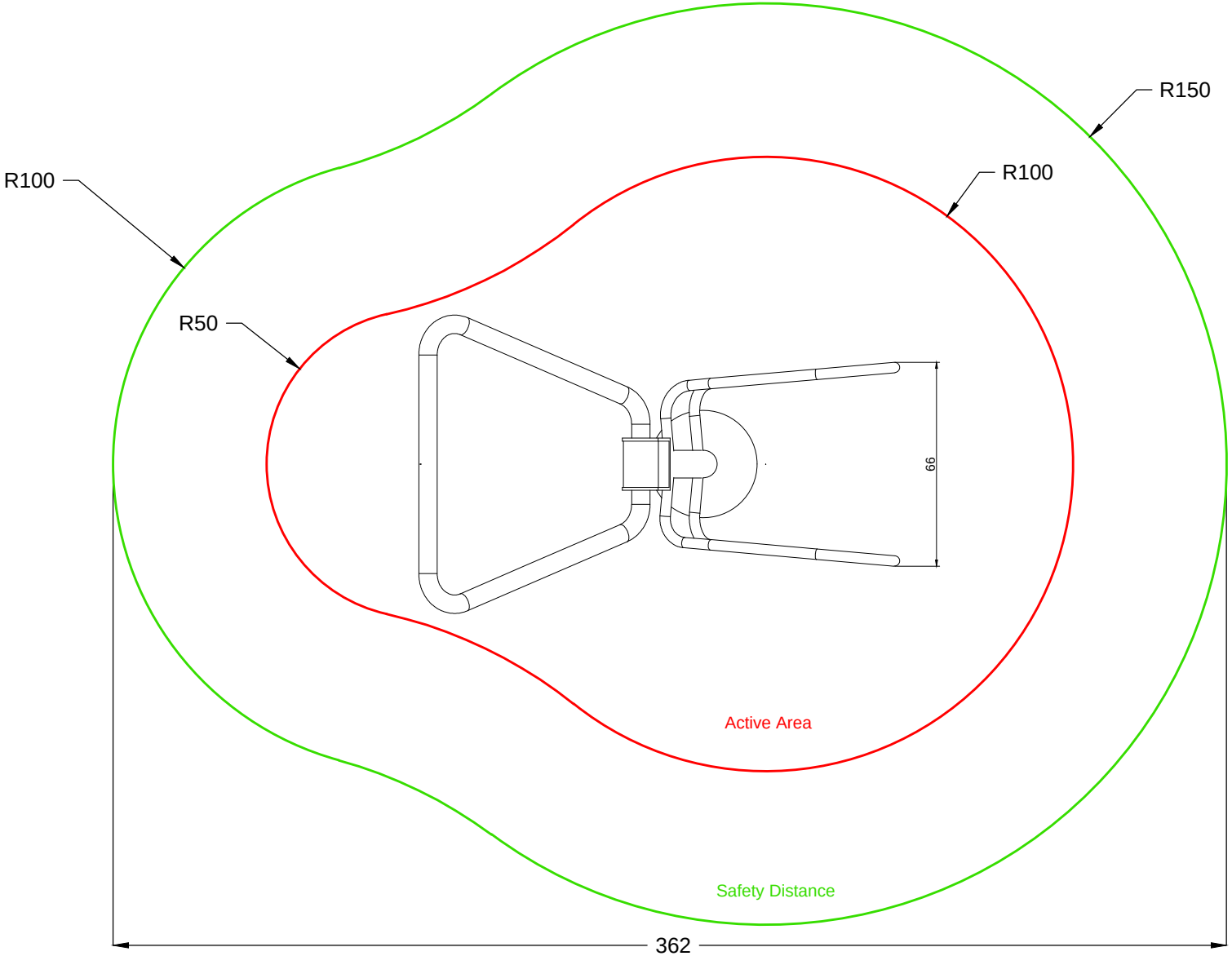


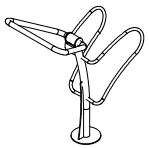
222 Arm Cycle



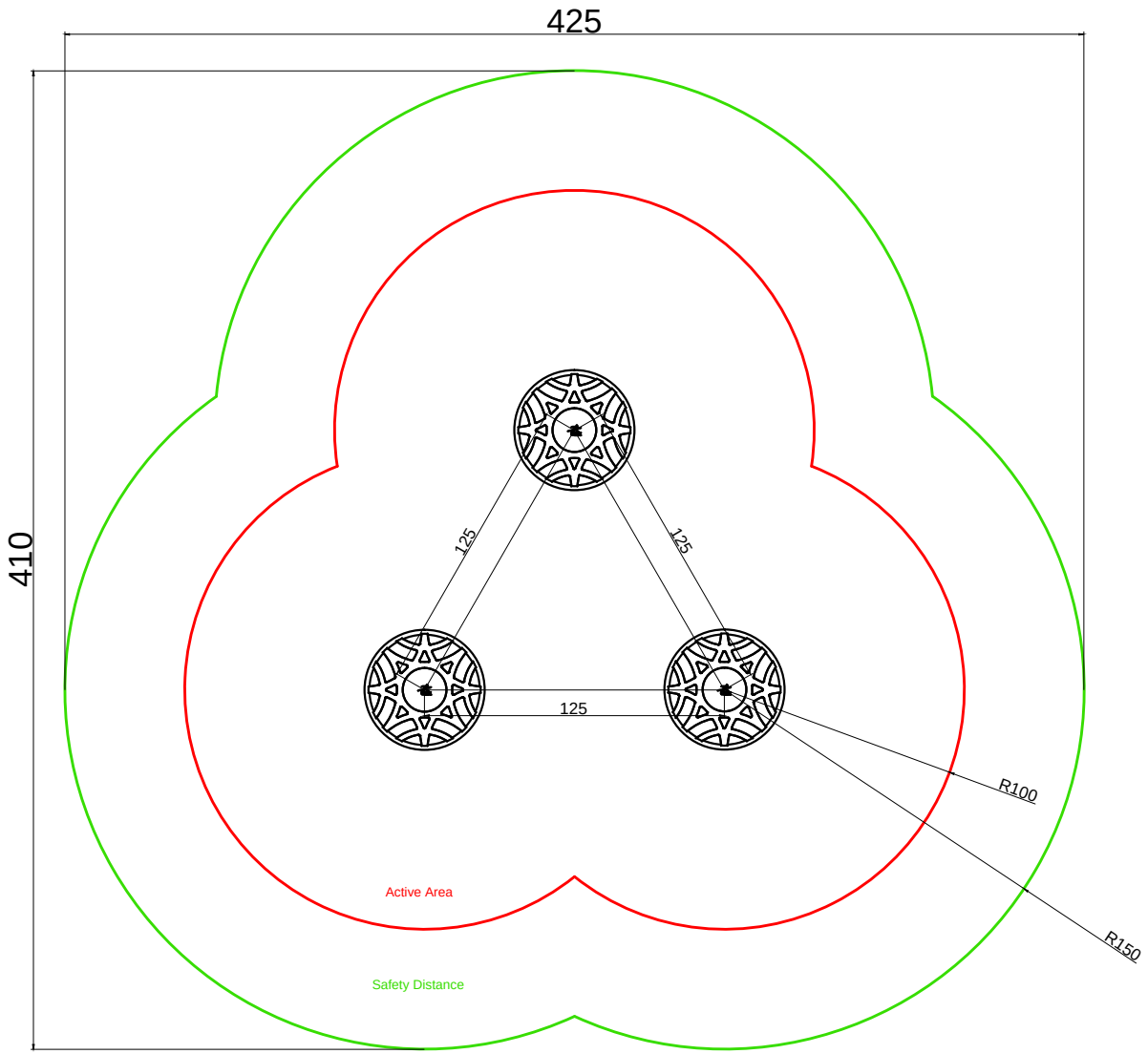


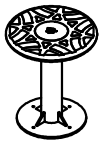
223 Ab Bench





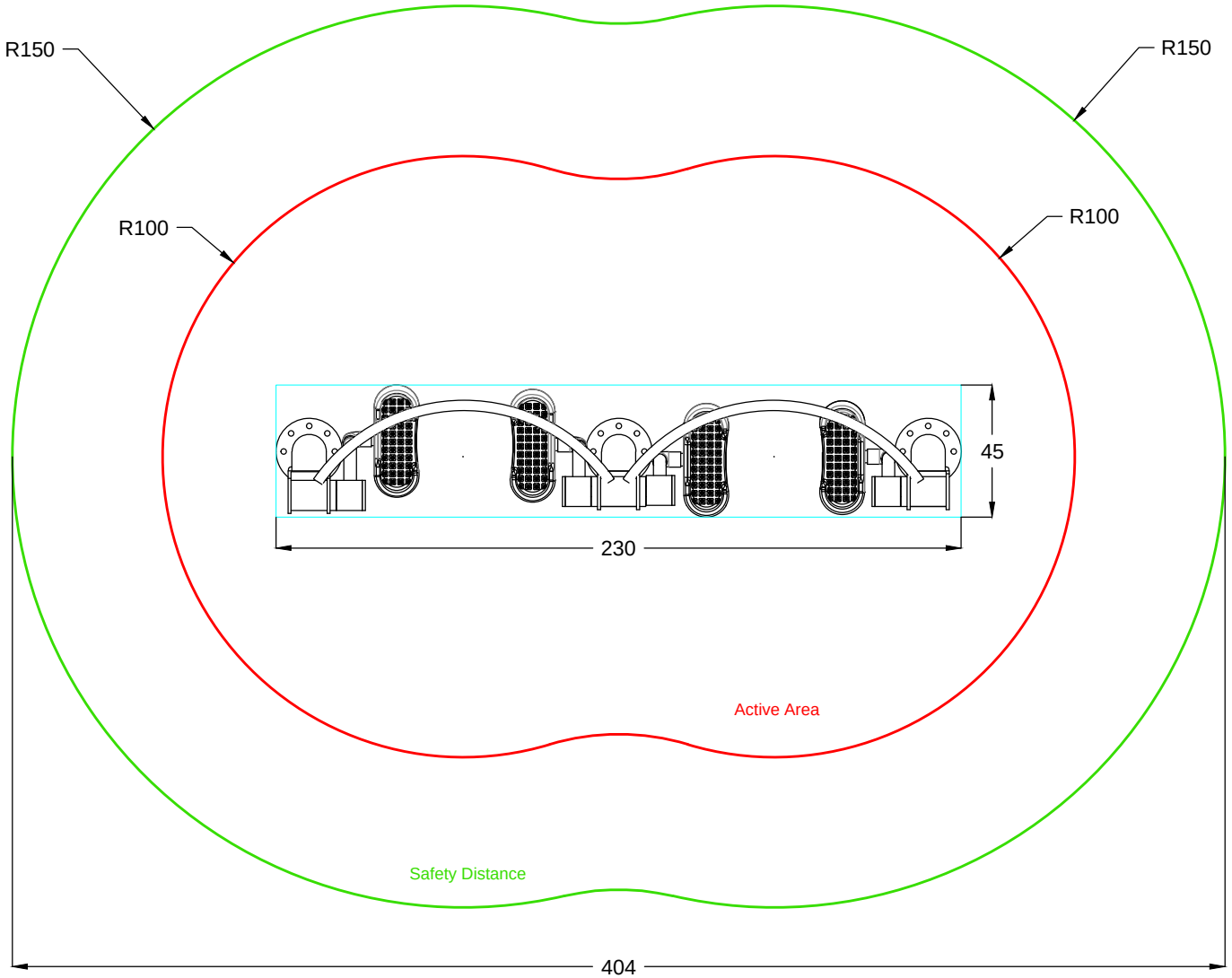
224 Chin-up and Dip Station

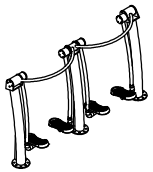




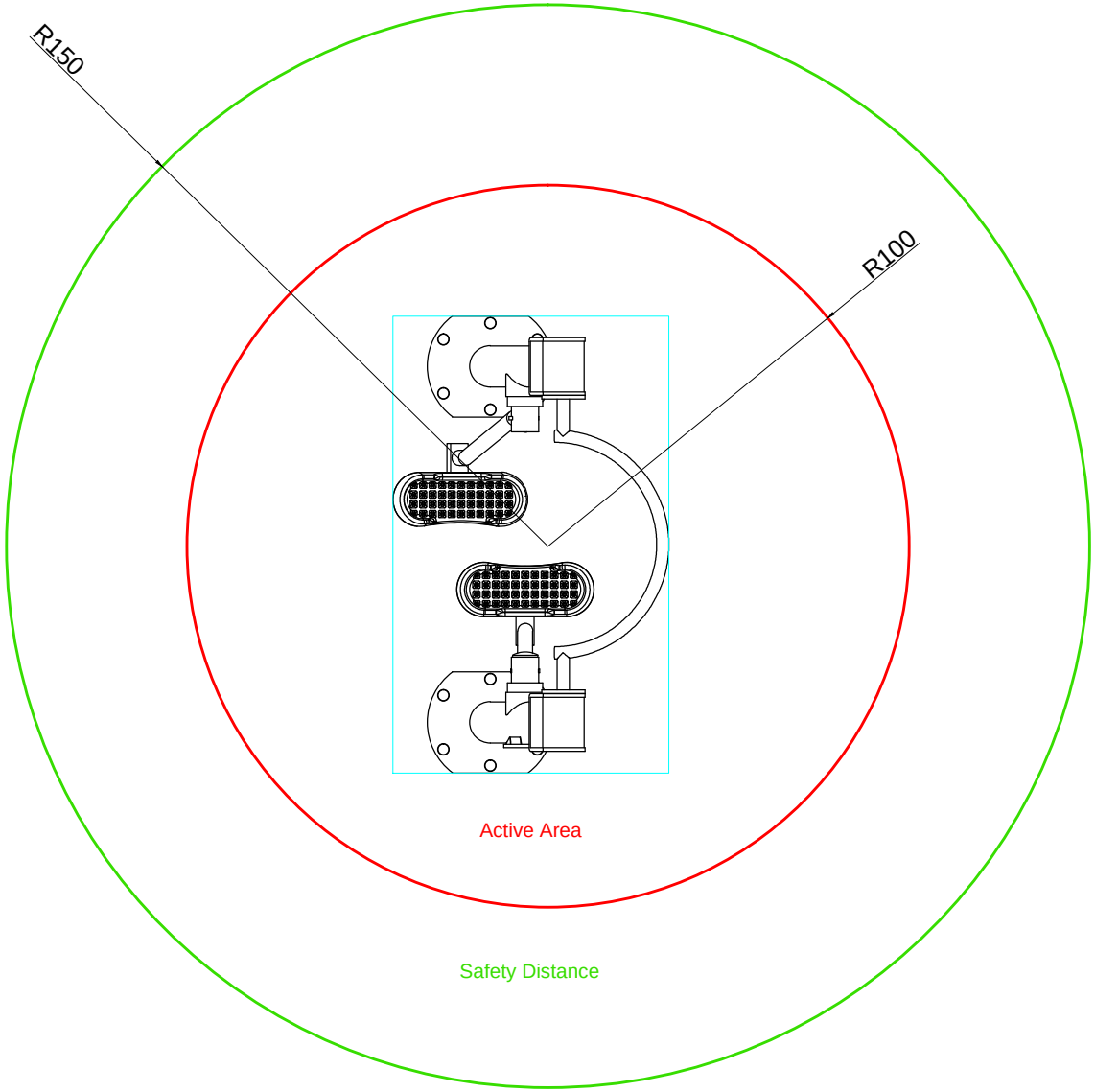
227 Steps

SCALE: 1: 30

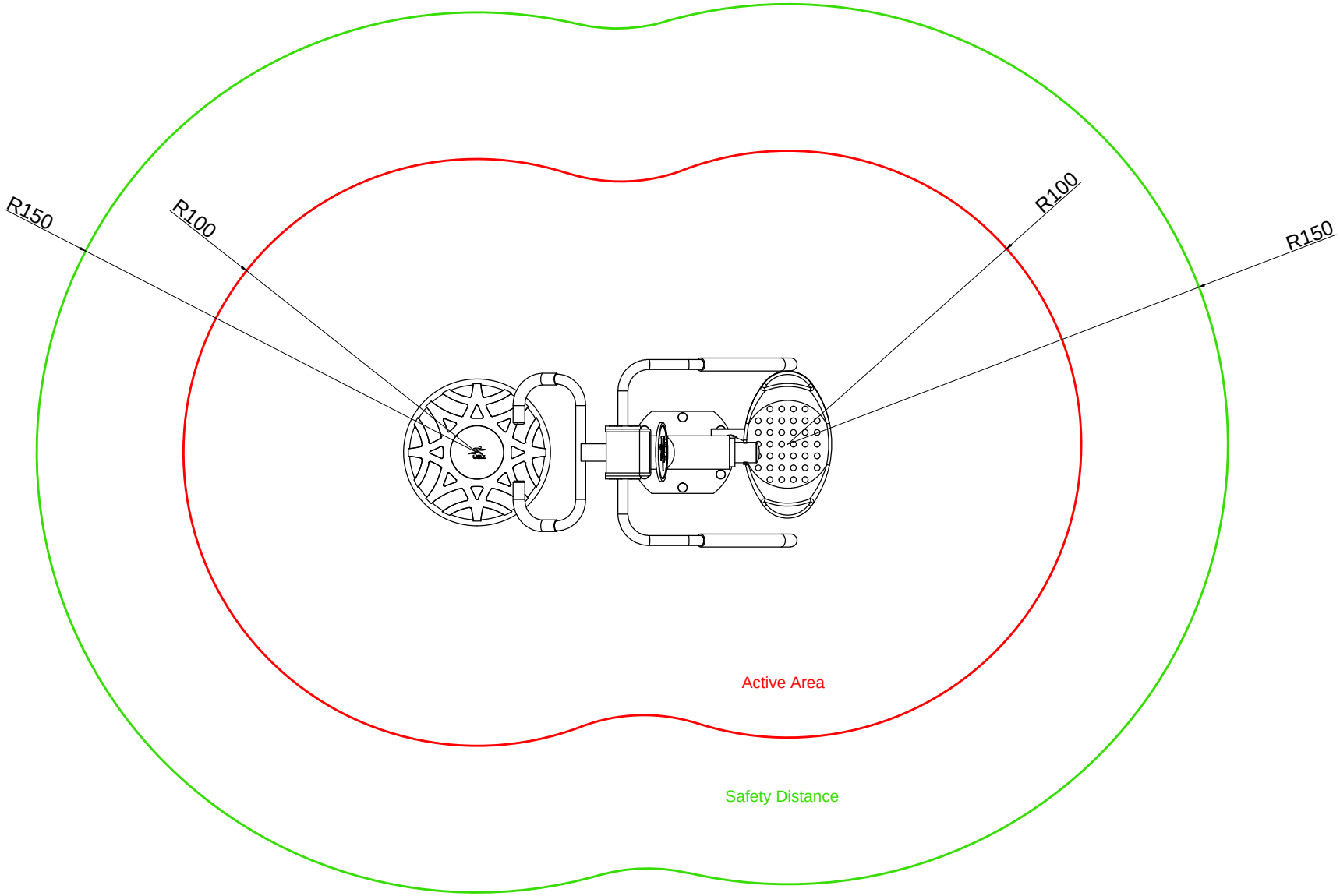


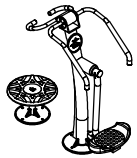


231 Blade Walker

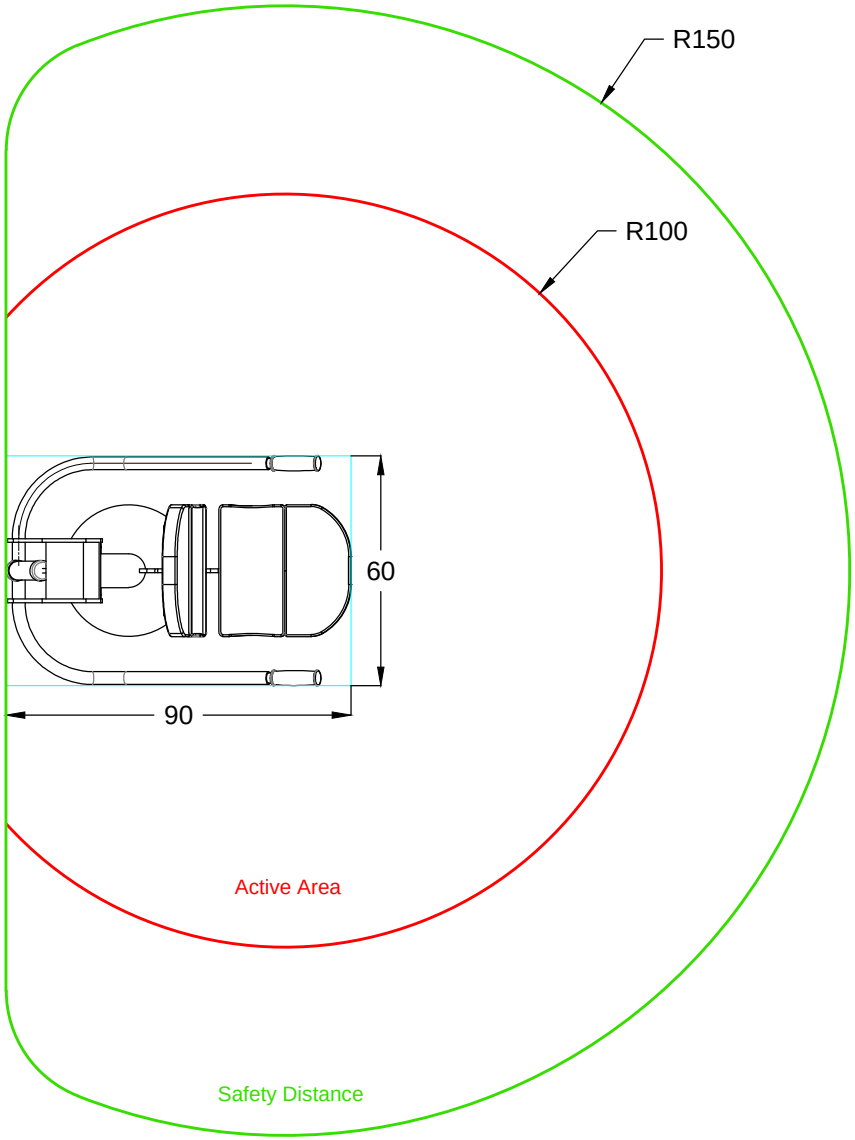


231S Blade Walker

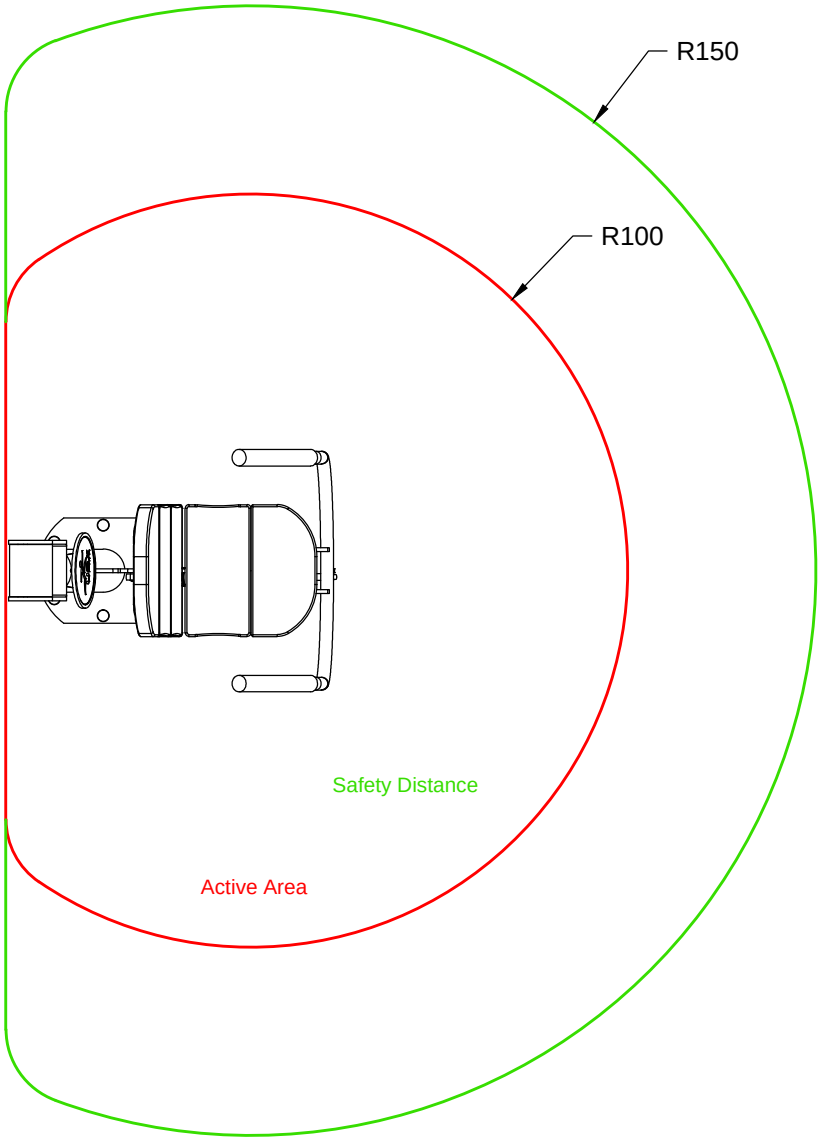




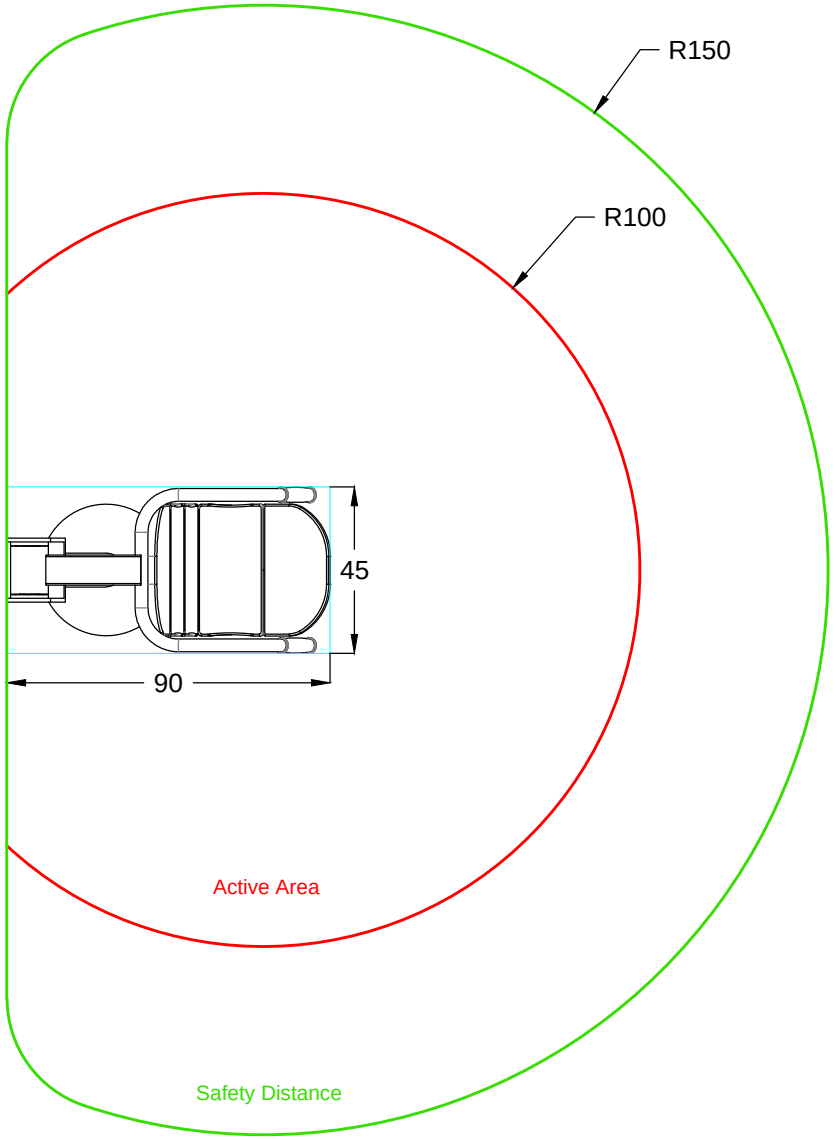
232 Pendulum

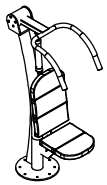


244 Triceps Press Down

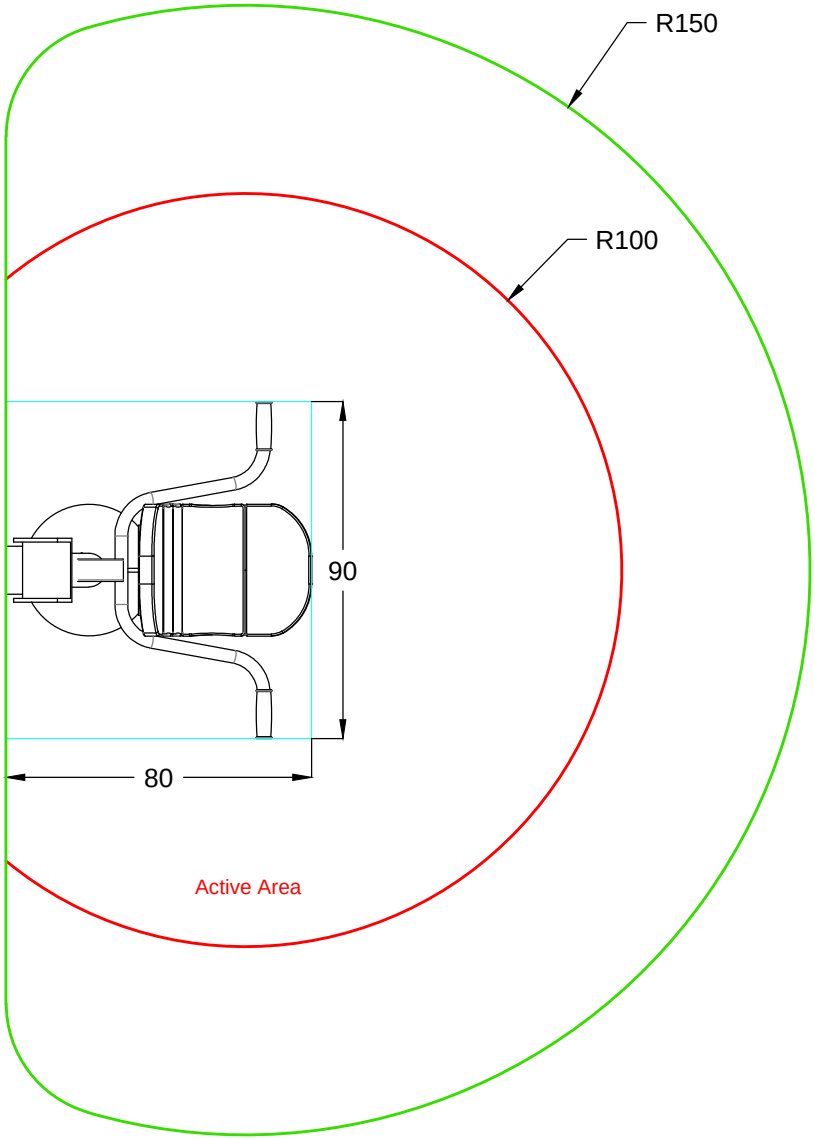


246 Chest Press

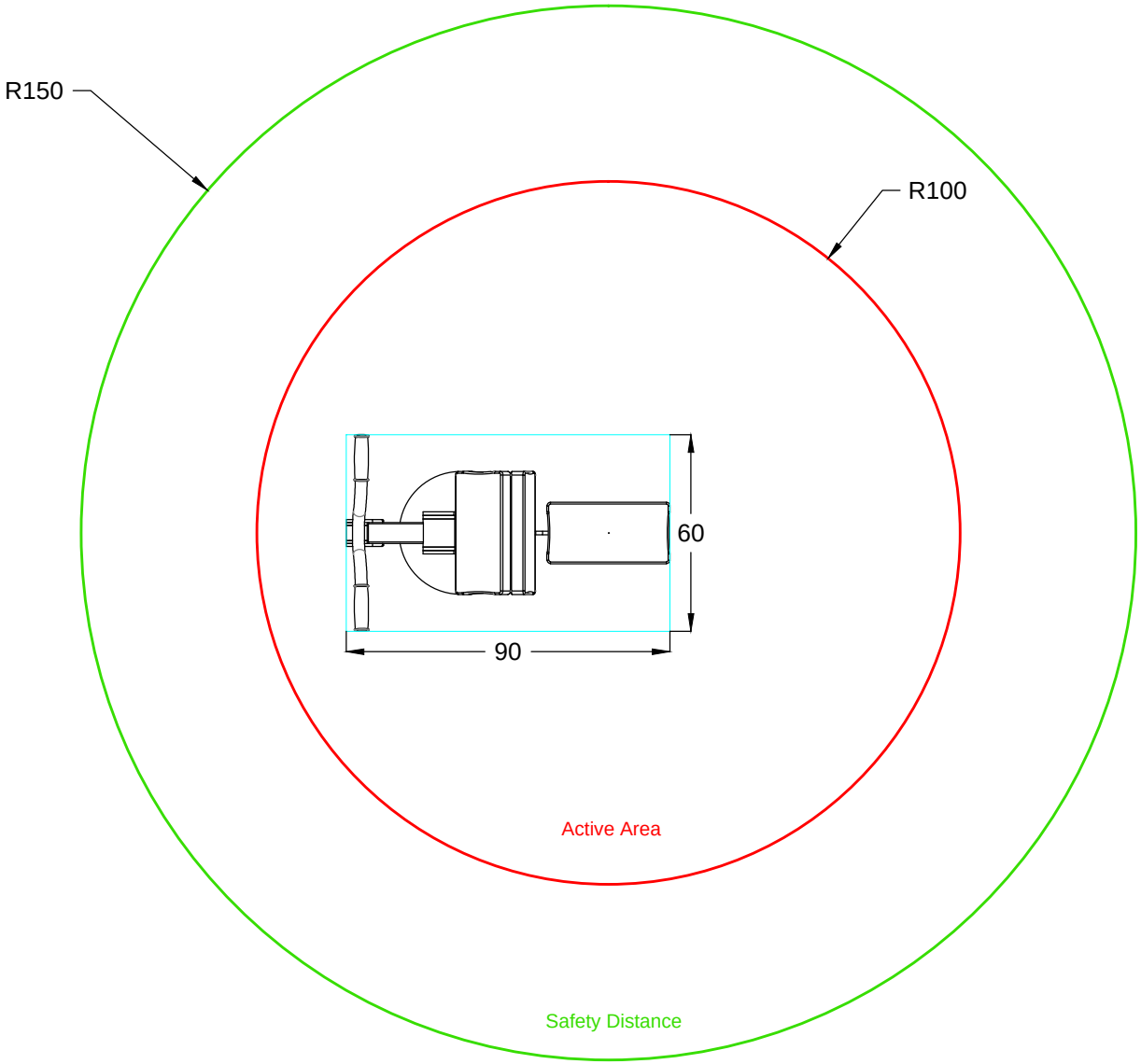


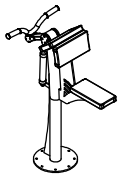


247 Shoulder Press

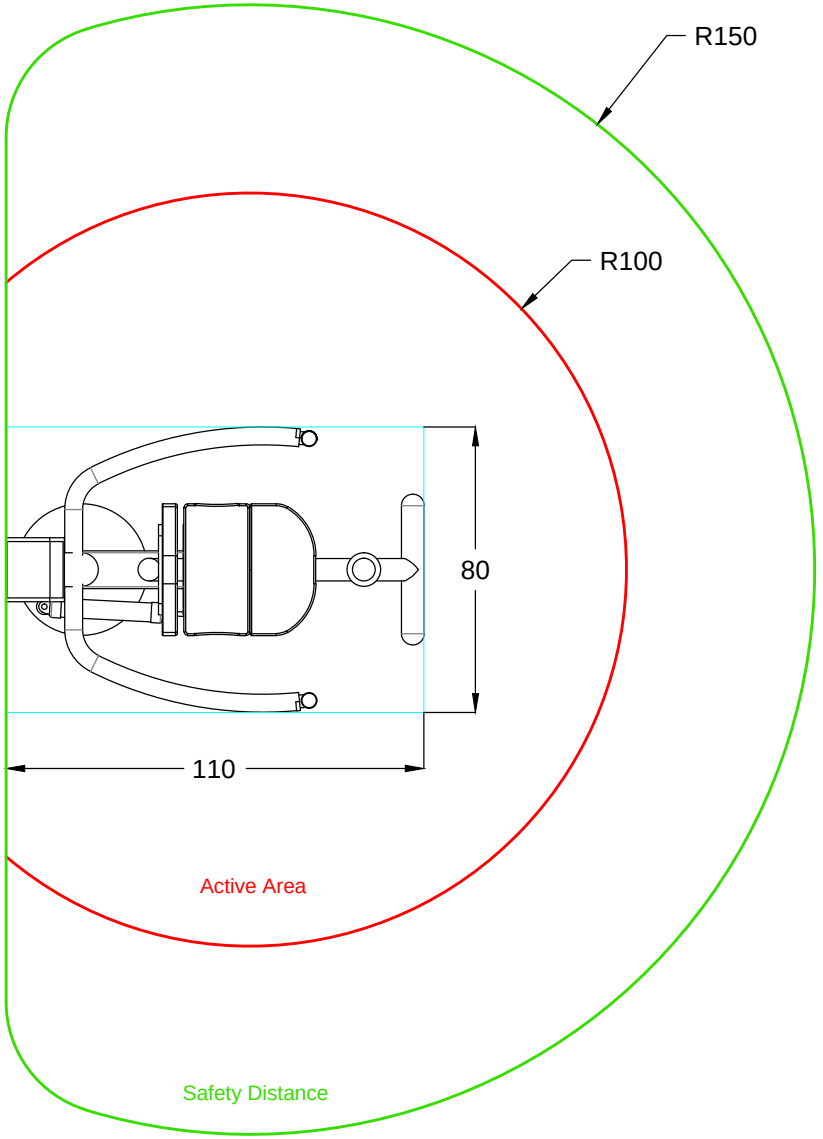


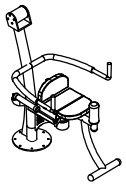
248 High Pulley



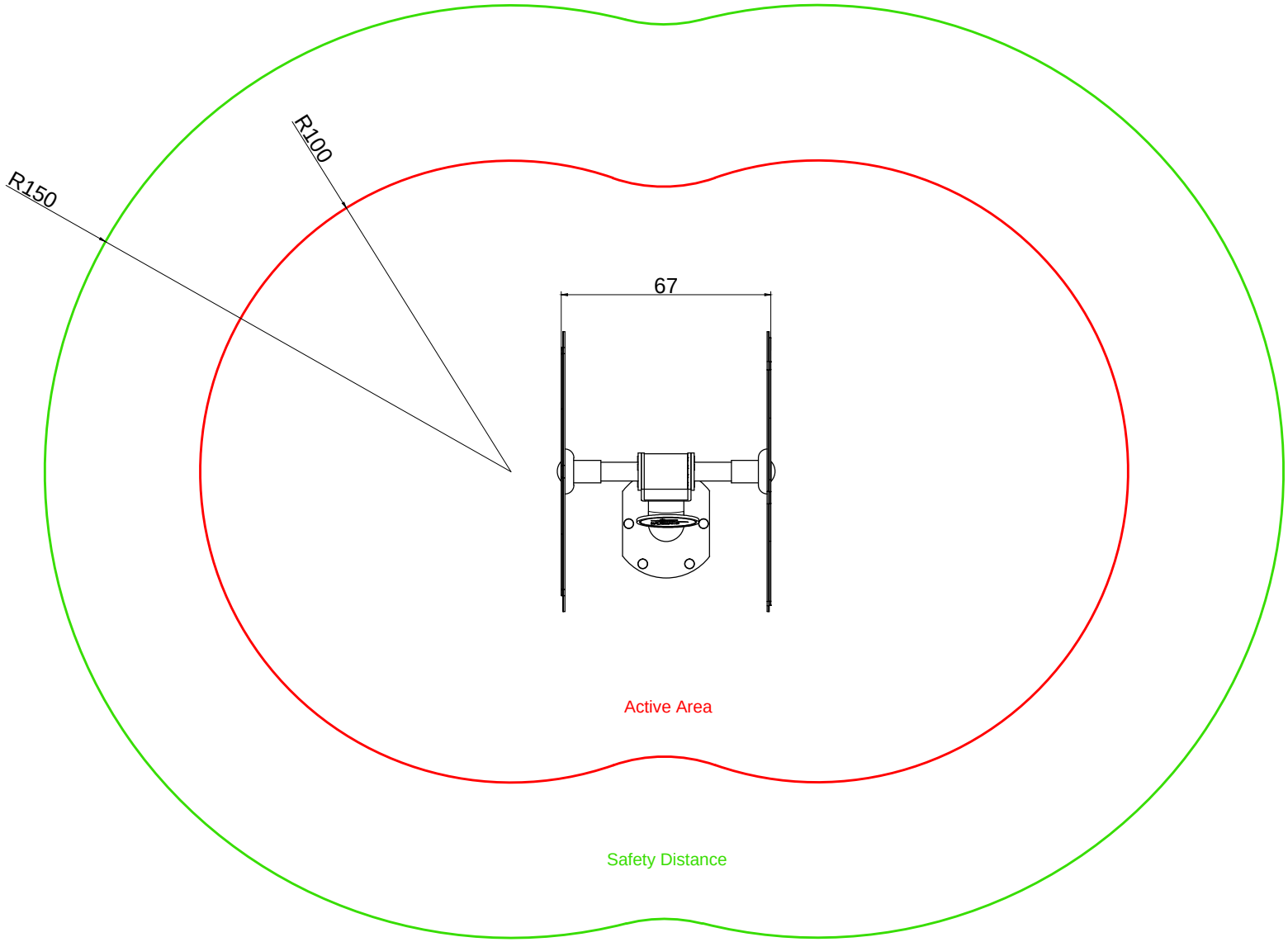


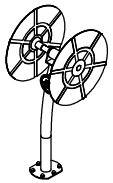
255 Arm Combo



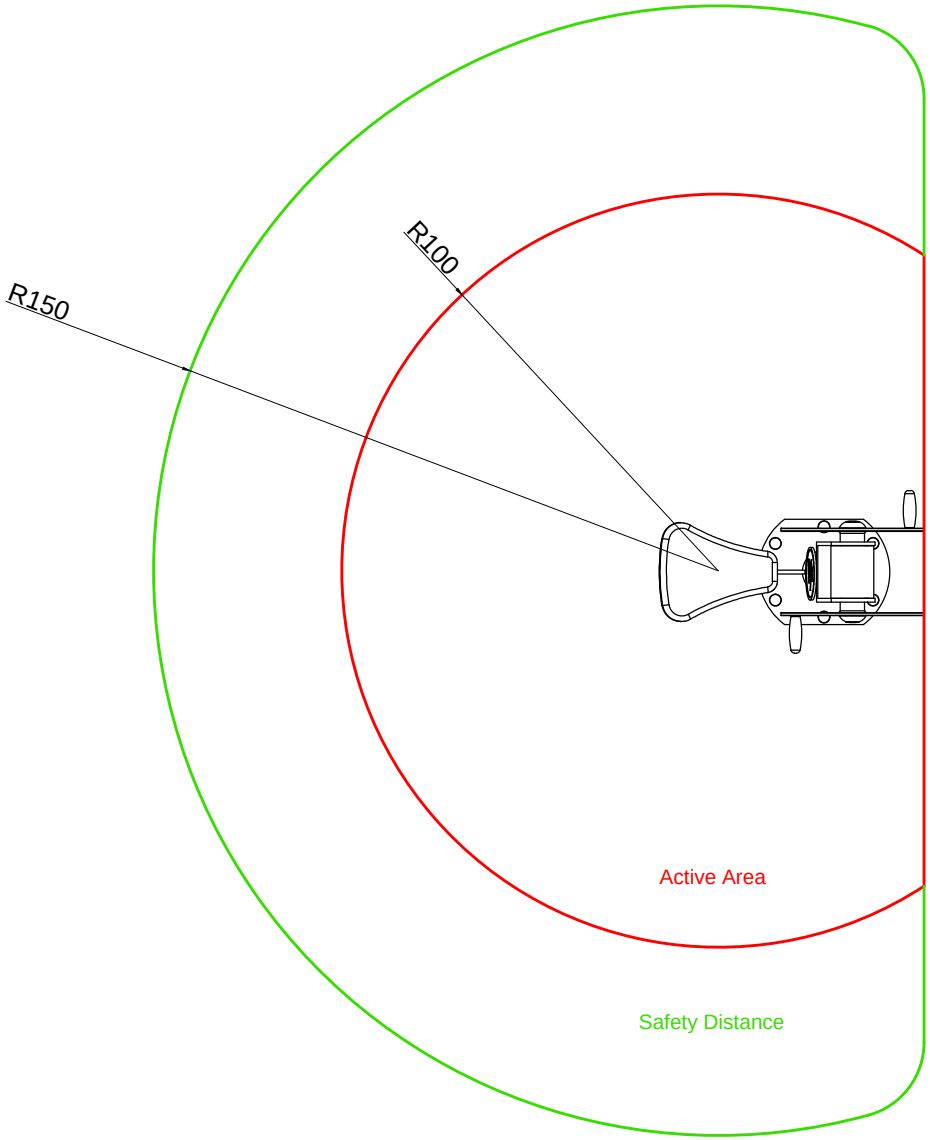


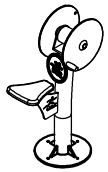
258 Rowing Trainer



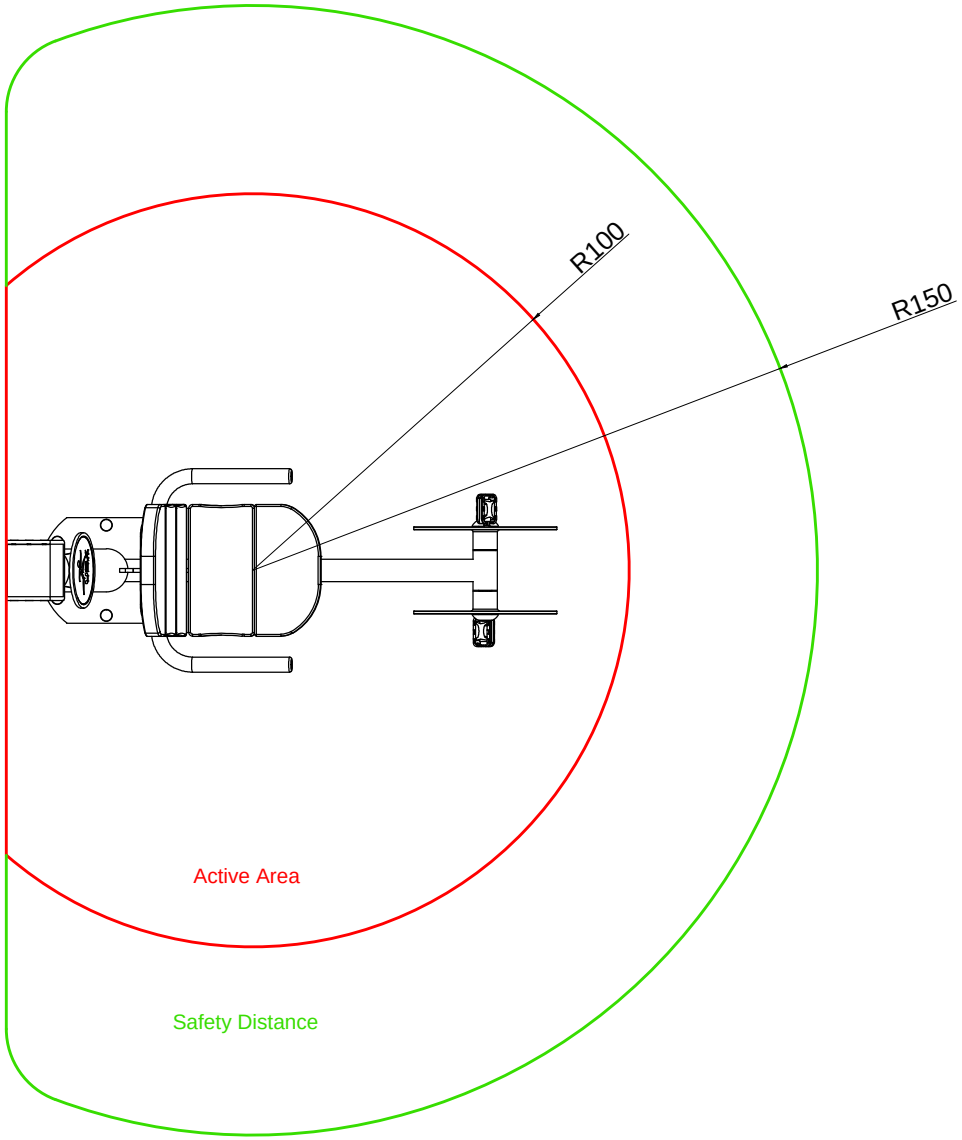


286 Shoulder Wheel

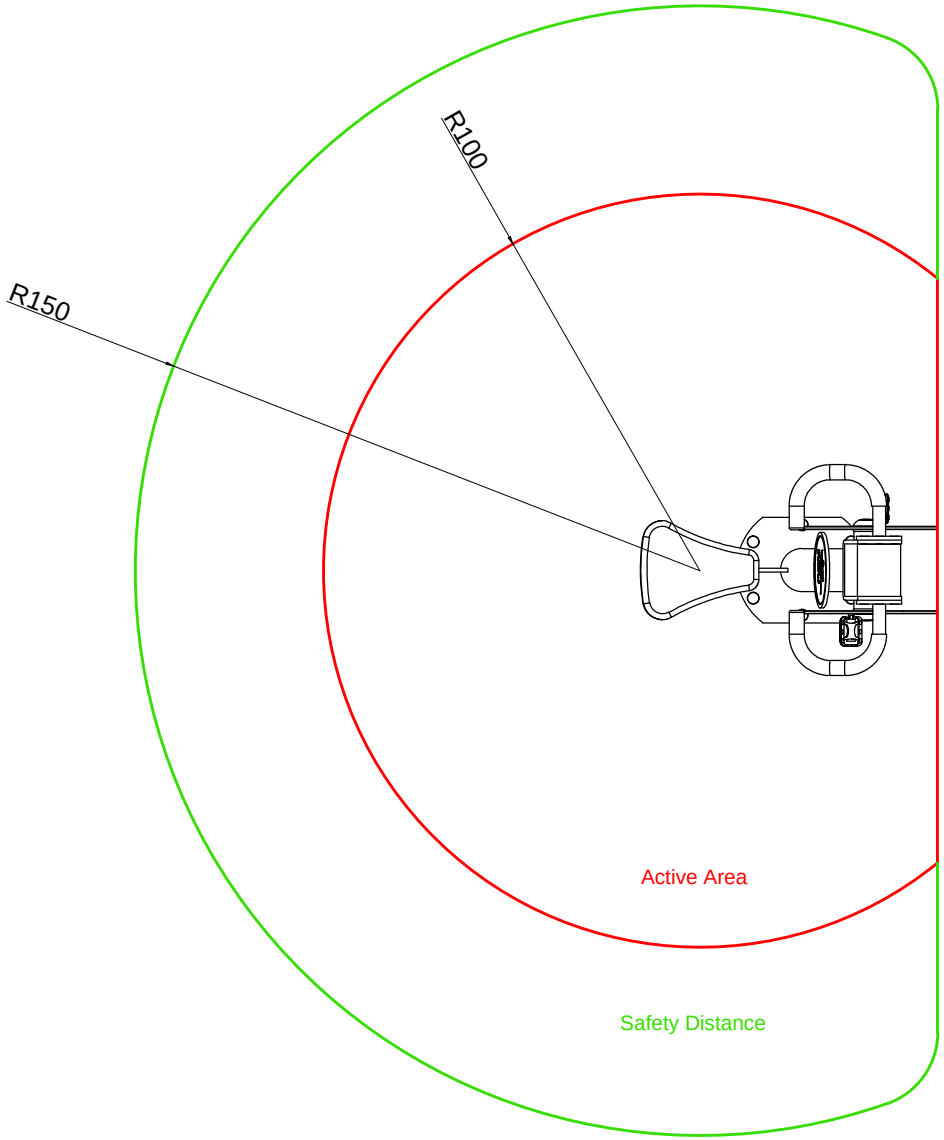




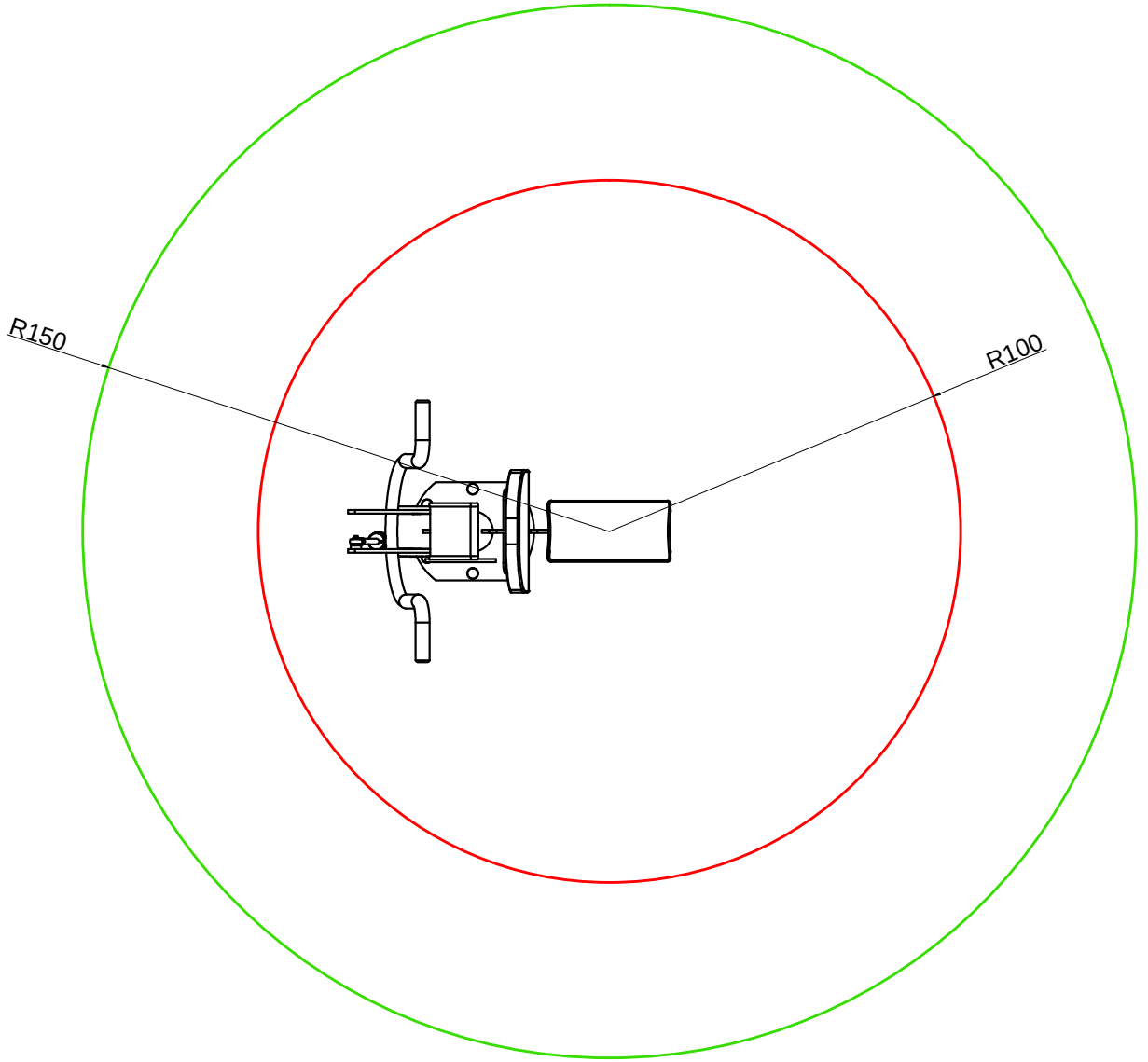
287 Hand Bicycle

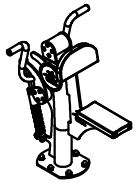


288 Stationary Bike

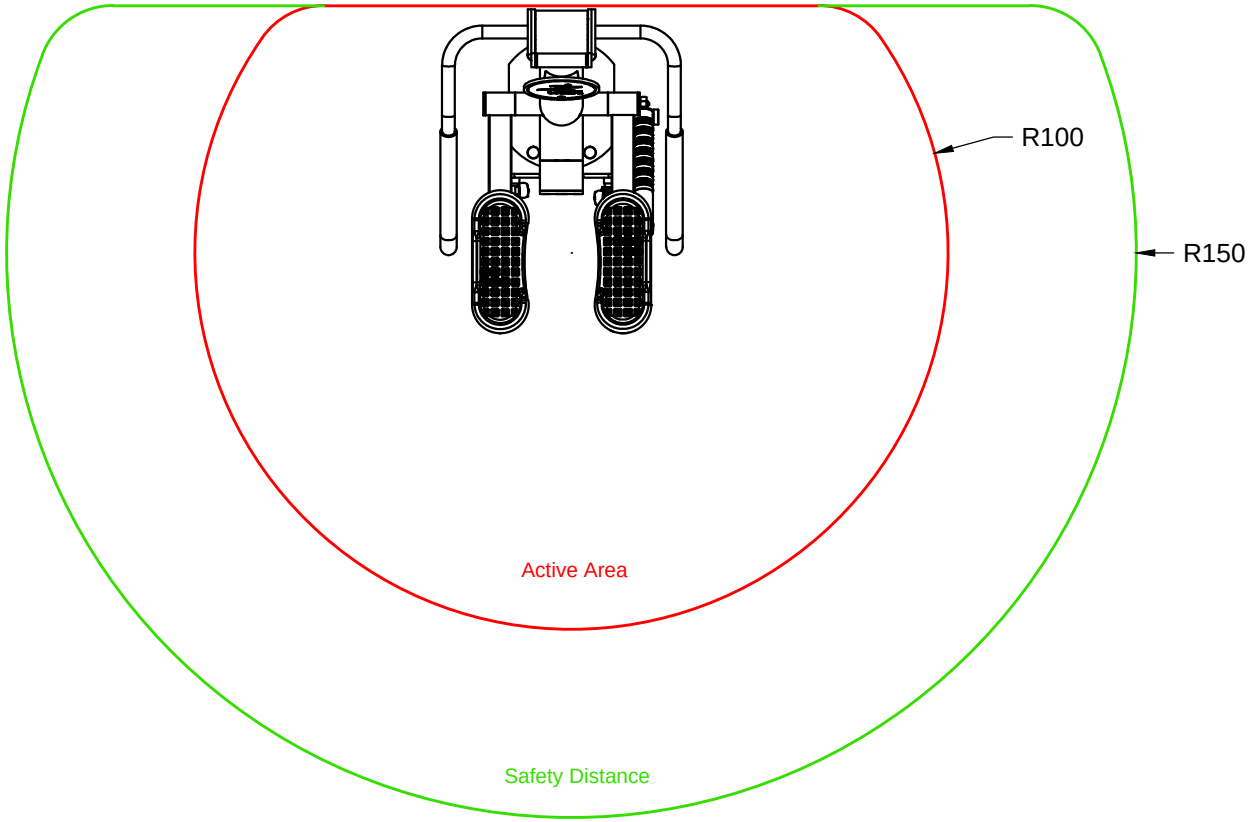


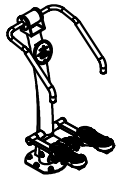
289 Spinning Bicycle



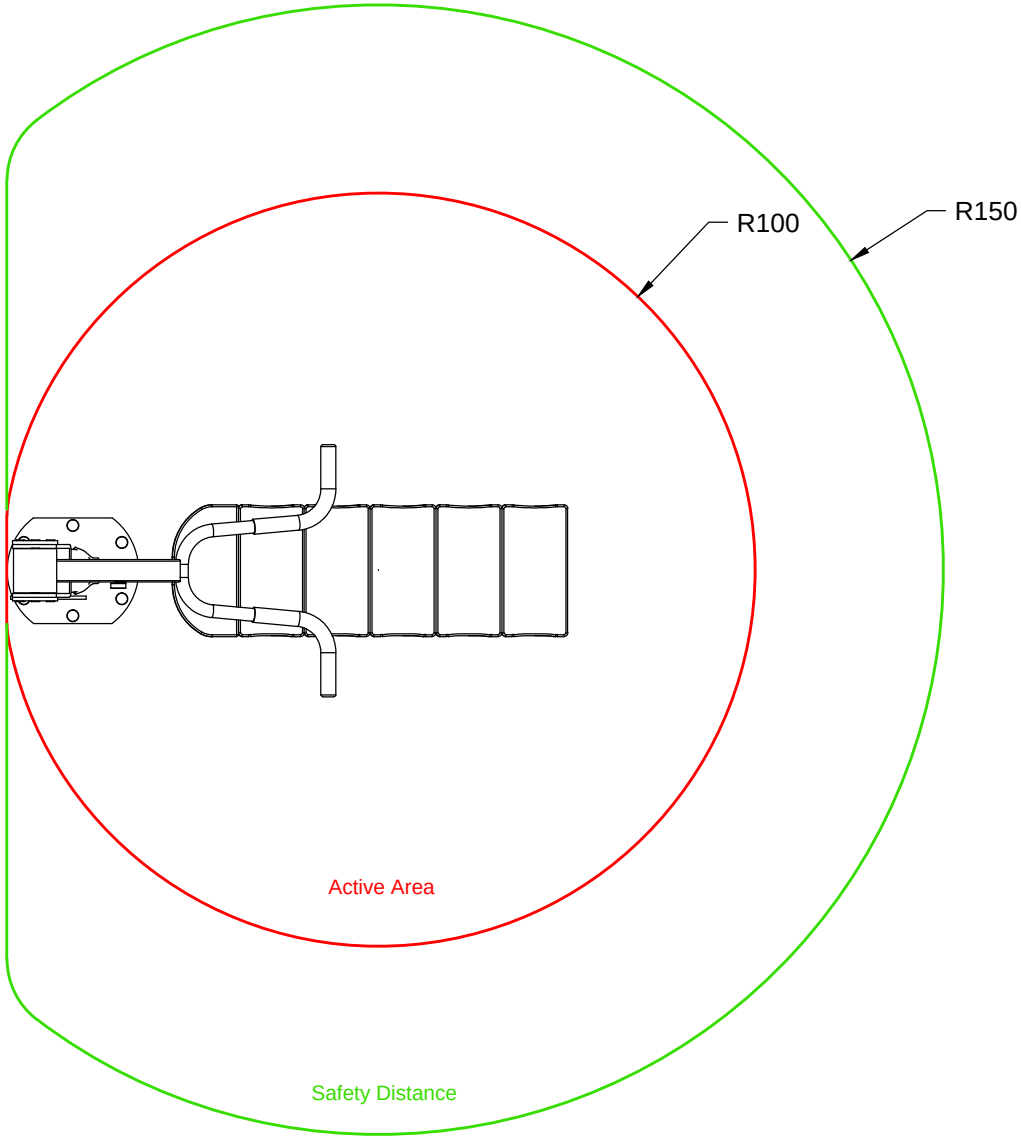


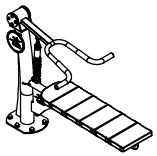
290 Backrow



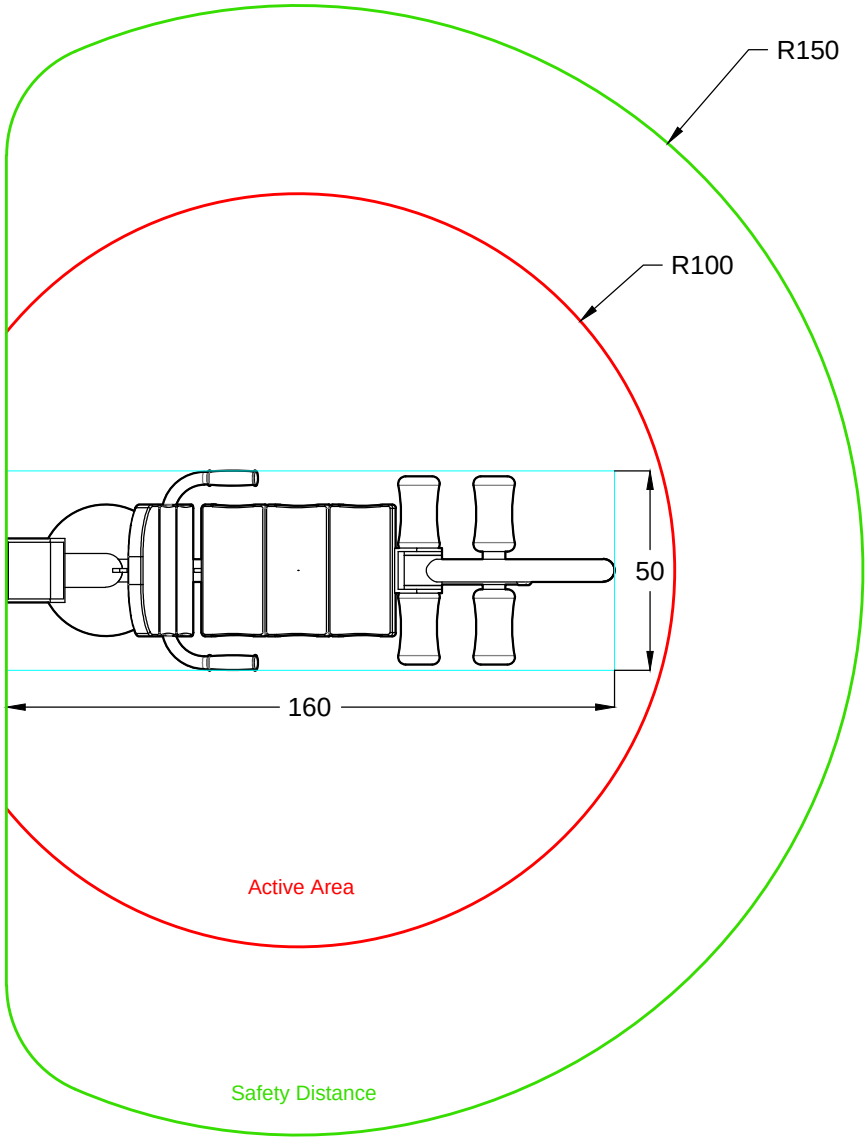


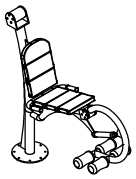
292 Stepper



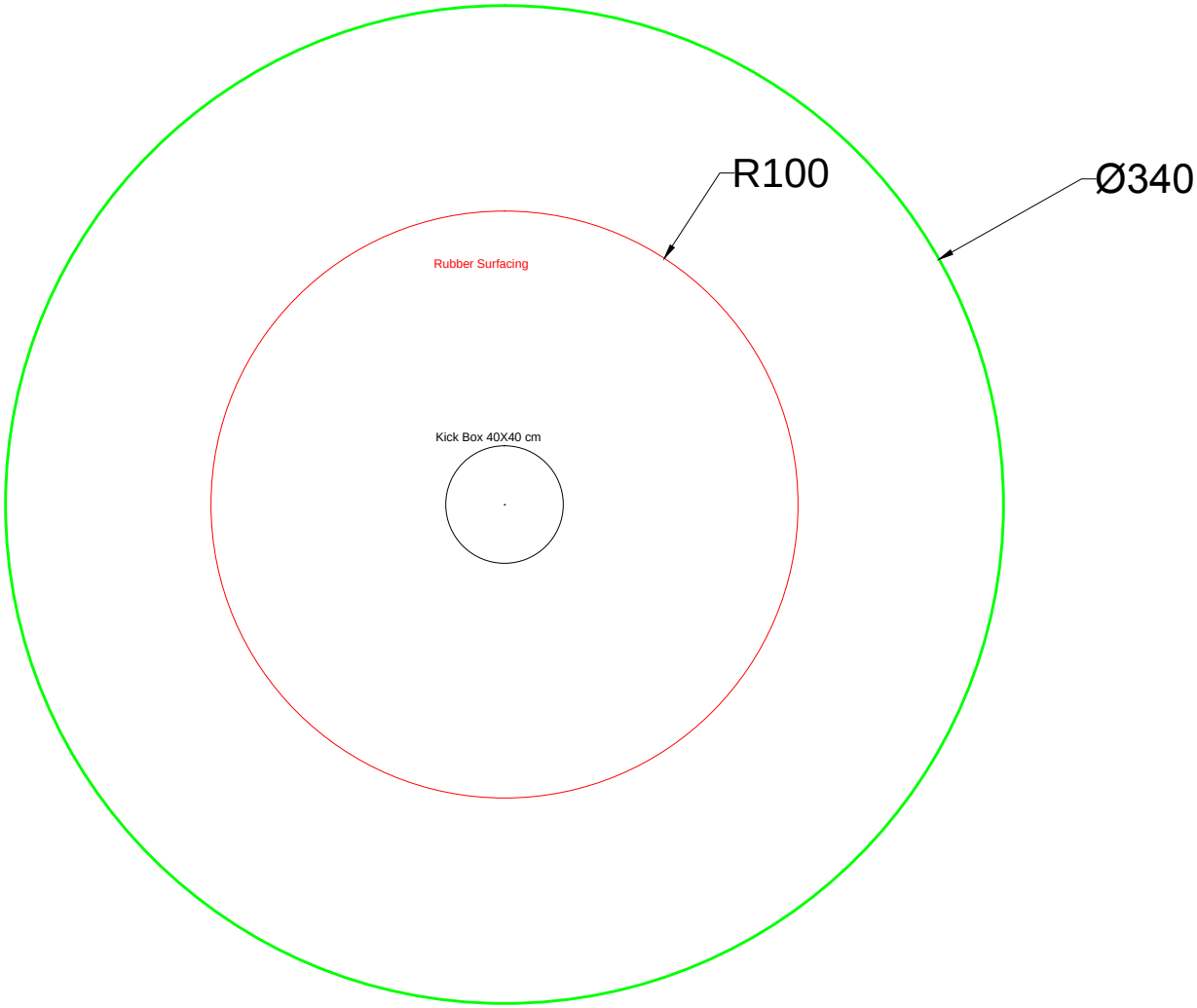


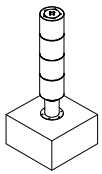
293 BenchPress





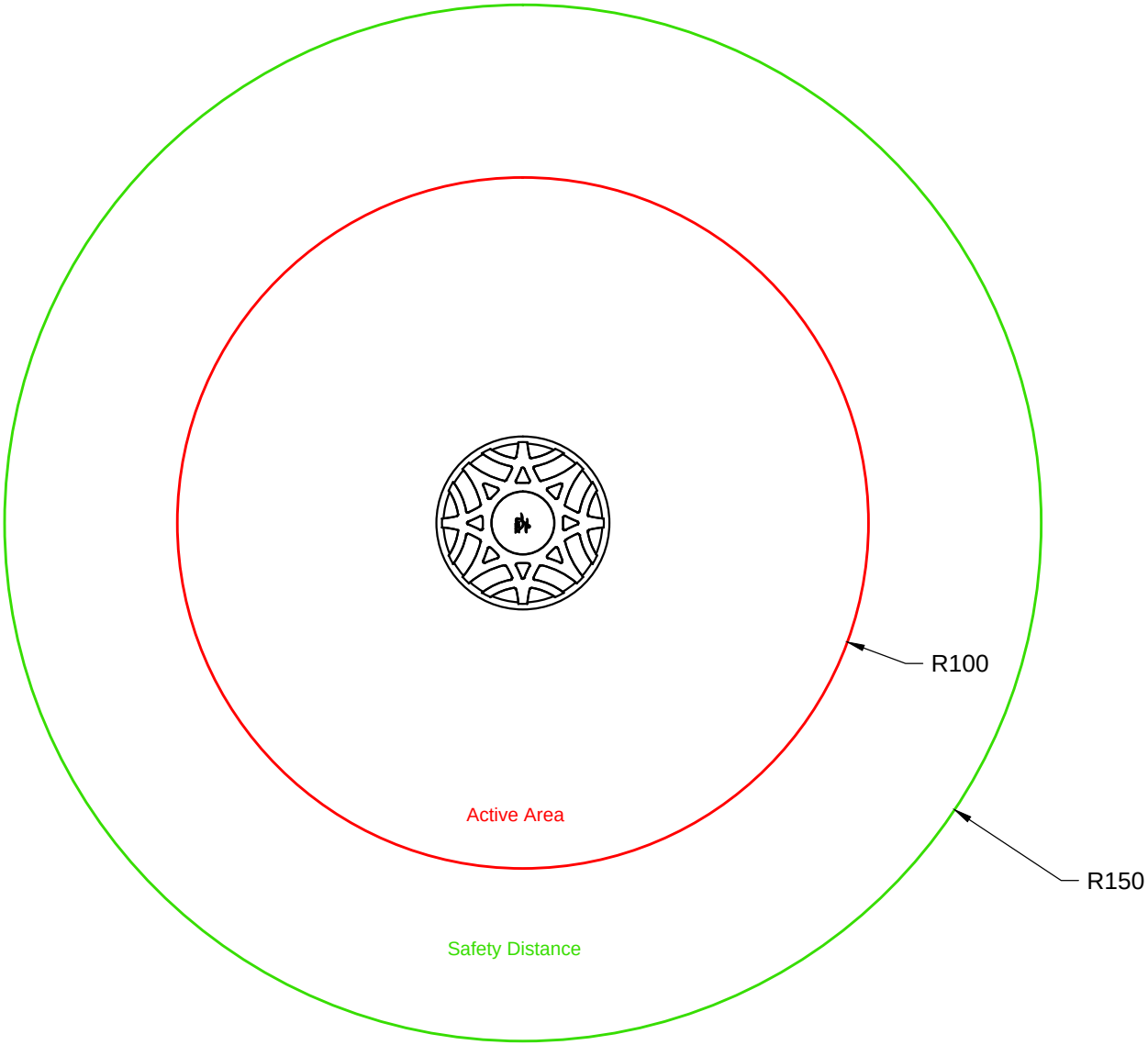
298 The Leg Curl Extension





303 Kick Box

SCALE: 1: 25



360 Boso