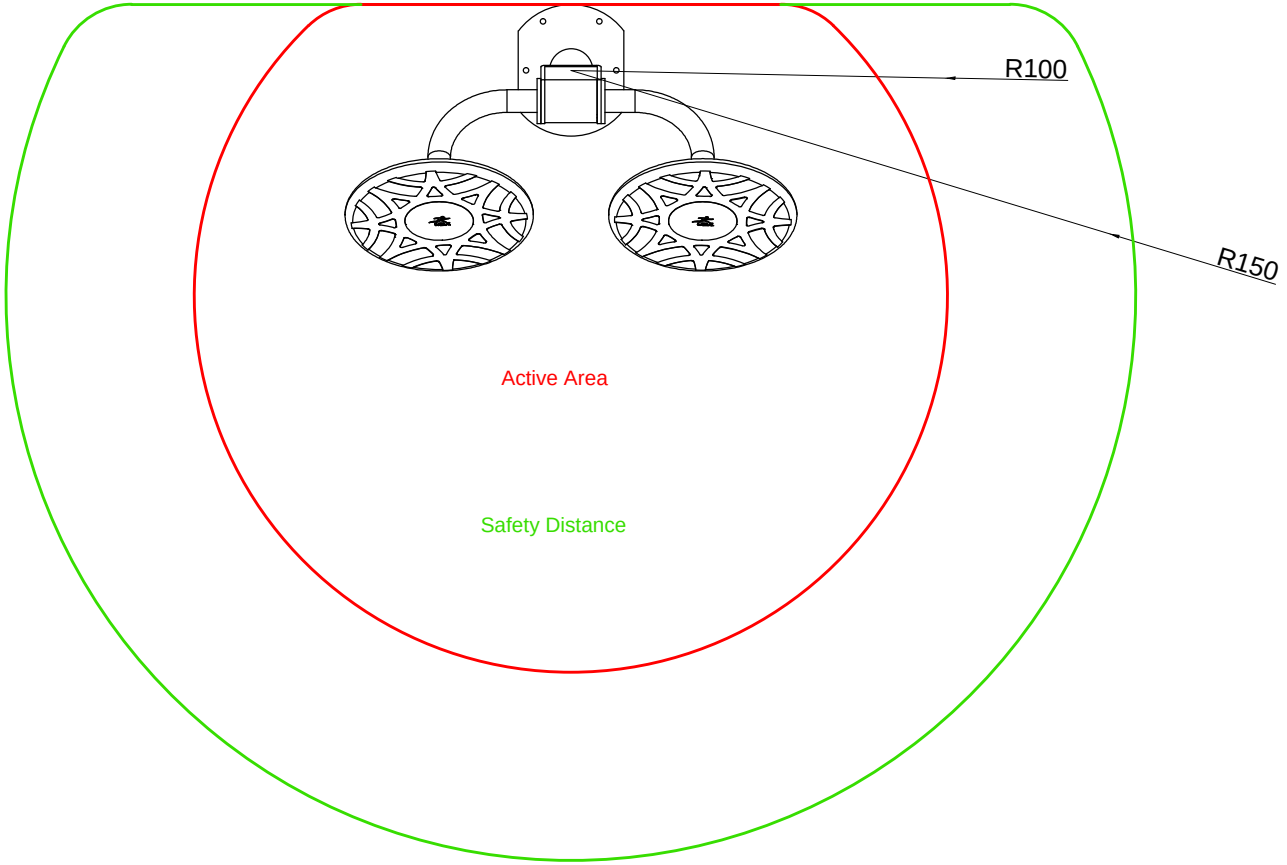

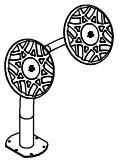

222 Arm Cycle